

Student Survey – Primary

Parents, please read the following paragraph to your child and let them choose whether they would like to answer the survey:

Researchers from a university are asking kids your age about how they use iPads, computers and other screens for school and fun. It would help them if you can answer a few easy questions for them. It will take about ten minutes and isn't a test—there are no right or wrong answers. Everything you say will stay private because your name won't be recorded and your teacher won't see your answers. It's completely your choice to do the survey, and you can stop at any time just by telling me. Do you have any questions? If you're happy to answer, let me know and we'll start; if not, that's perfectly okay.

- ☐ Yes, I am happy to answer
- ☐ No, thank you

[Submit]

About Your Screen Time

Screens and digital devices mean things like iPads, laptops, phones, or smartwatches. (Not TV or the classroom board.)

Think about your last school day. How much time did you use screens...?

	None	A little bit (up to 30 min)	Quite a bit (up to 1 hour)	Alot (1-3 hours)	3-5 hours	5-7 hours	More than 7 hours
1. At school for learning	☐	☐	☐	☐	☐	☐	☐
2. At school for leisure/ fun (games/ fun videos)	☐	☐	☐	☐	☐	☐	☐
3. Outside of school for learning (e.g., homework)	☐	☐	☐	☐	☐	☐	☐
4. Outside of school for leisure/fun (games/ fun videos)	☐	☐	☐	☐	☐	☐	☐

What Did You Use?

Think back to your last school day. What were some apps or websites you used at school for learning?  (Like Reading Eggs, Mathletics, EduChat, etc.)

(If you can't think of 5, that's ok, just leave the rest blank)

How much time did you spend on them?

Name	Hours	Mins
5. App/website 1: _____	____	____
6. App/website 2: _____	____	____
7. App/website 3: _____	____	____
8. App/website 4: _____	____	____
9. App/website 5: _____	____	____

Think back to your last school day. What were some apps or websites you used at school just for fun?  (Like YouTube, games, AI chatbots or fun websites)

(If you can't think of 5, that's ok, just leave the rest blank)

How much time did you spend on them?

Name	Hours	Mins
10. App/website 1: _____	____	____
11. App/website 2: _____	____	____
12. App/website 3: _____	____	____
13. App/website 4: _____	____	____
14. App/website 5: _____	____	____

Think back to your last school day. What apps or websites did you use outside of school to help you learn? (Like Reading Eggs, Mathletics, EduChat, etc.)

(If you can't think of 5, that's ok, just leave the rest blank)

How much time did you spend on them?

Name	Hours	Mins
15. App/website 1: _____	____	____
16. App/website 2: _____	____	____
17. App/website 3: _____	____	____
18. App/website 4: _____	____	____
19. App/website 5: _____	____	____

Think back to your last school day. What were some apps or websites you used outside of school just for fun? (Like YouTube, games, AI chatbots or fun websites)

How much time did you spend on them?

Name	Hours	Mins
20. App/website 1: _____	_____	_____
21. App/website 2: _____	_____	_____
22. App/website 3: _____	_____	_____
23. App/website 4: _____	_____	_____
24. App/website 5: _____	_____	_____



How Much Is OK?

Do you think there should be a limit on how much screen time kids your age have each school day? If yes, what do you think the limit should be?

	Should there be limits?			If yes, what the limit should be?
	No/ Not sure/ Yes			
25. At school for learning	☐	☐	☐	___ hours or ___ mins
26. At school for leisure/fun	☐	☐	☐	___ hours or ___ mins
27. Outside of school for learning	☐	☐	☐	___ hours or ___ mins
28. Outside of school for leisure/fun	☐	☐	☐	___ hours or ___ mins

29. Why do you think that? _____



What Do You Think?

	Never	Sometimes	Always
30. Screens help me learn	☐	☐	☐
31. I learn better without screens	☐	☐	☐
32. Using screens is bad for my health	☐	☐	☐
33. Using screens is good for my friendship	☐	☐	☐
34. I spend too much time playing and chatting on screens	☐	☐	☐
35. I see bad stuff on screens at school	☐	☐	☐
36. I see bad stuff on screens outside of school	☐	☐	☐
37. I feel safe when I use screens at school	☐	☐	☐
38. I feel safe when I use screens outside of school	☐	☐	☐

39. I worry that screens might not keep my stuff private.	☐	☐	☐
40. I miss out on learning because I can't use screens at home	☐	☐	☐
41. I miss out on learning because we don't have enough screens at school	☐	☐	☐

My Habits with Screens

	Never	Sometimes	Always
42. I only use screens when I need to	☐	☐	☐
43. I check the time when I use screens	☐	☐	☐
44. I stop using screens when I have other things to do	☐	☐	☐
45. At school, I stop using screens immediately when I am asked to	☐	☐	☐
46. I get distracted when I use screens in class	☐	☐	☐
47. Other kids using screens in class distract me	☐	☐	☐
48. I get distracted when I use screens for homework	☐	☐	☐

What Grown-Ups Do

	Never	Sometimes	Always
49. My parents are interested in how I use screens	☐	☐	☐
50. My parents use screens with me	☐	☐	☐
51. My parents are on their screens when I talk to them	☐	☐	☐
52. My parents set screen time limits for me	☐	☐	☐
53. My parents talk to me about screen time	☐	☐	☐
54. My teachers talk to me about screen time	☐	☐	☐

Last Questions

55. What are the best things about using digital devices to help you learn? 56. What makes it hard to learn when using screens?

57. What would make screens better for learning at school and at home?

58. Anything else you want to say?

59. Are you doing this survey:

- ☐ By myself
- ☐ With an adult helping me